

A person is holding a large, white rectangular sign with a dark border. The sign is held up by two hands, one on the left and one on the right. The background is a blurred outdoor scene with green grass and trees. The text on the sign is in a bold, dark blue, sans-serif font.

**GIVE.
THANKS.**

1 Thessalonians 5:18 | NIV

“Give thanks in all circumstances, for this is God’s will for you in Christ Jesus.”

A blurred background image showing a group of people with their hands raised in prayer, set against a warm, reddish-brown color palette. The focus is on the central text overlay.

5 Reasons Why Giving Thanks Is God's Will For Your Life

1. Gratitude honors God.

THANK YOU



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2. Gratitude creates deeper relationships.



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3. Gratitude develops my faith.

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4. Gratitude is good for your health.



Gratitude can help you sleep better

Gratitude can help ease depression

Gratitude gives you happiness that lasts

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2. Gratitude creates deeper relationships.

3. Gratitude develops your faith.

4. Gratitude is good for your health.

5. Gratitude is a witness to unbelievers.

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“Give thanks in all circumstances, for this is God’s will for you in Christ Jesus.”

A close-up photograph of a person's hand holding a small, rectangular white card. The card is held between the thumb and index finger, with the rest of the hand visible in the background. The card has the words "THANK YOU" printed on it in a bold, black, sans-serif font. The lighting is soft, and the background is slightly blurred, focusing attention on the card and the hand holding it.

THANK YOU