



Developing a Heart of Gratitude



Ephesians 5:19-20

New International Version

...Sing and make music in your heart to the Lord, always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ.

How to Develop a Heart Of Gratitude

1. Focus on what you have and not on what you don't have.

Philippians 4:12-13 | NIV

12 I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. 13 I can do all this through him who gives me strength.

Ecclesiastes 6:9 | NLT

Enjoy what you have rather than desiring what you don't have. Just dreaming about nice things is meaningless—like chasing the wind.

How to Develop a Heart Of Gratitude

1. Focus on what you have and not on what you don't have.
2. Declare that you have more than what you deserve.

Matthew 5:45 | TLV

“so that you may be children of your Father in heaven. He causes His sun to rise on the evil and the good, and sends rain on the righteous and the unrighteous”.

How to Develop a Heart Of Gratitude

1. Focus on what you have and not on what you don't have.
2. Declare that you have more than what you deserve.
3. Thank God for everything including the small things.

Ephesians 5:19-20 | NIV

“Sing and make music in your heart to the Lord, always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ”.

“We pray for the big things and forget to give thanks for the ordinary, small gifts.”

- Dietrich Bonhoeffer

How to Develop a Heart Of Gratitude

1. Focus on what you have and not on what you don't have.
2. Declare that you have more than what you deserve.
3. Thank God for everything including the small things.
4. See blessings other than money.

Hebrews 13:5 NIV

Keep your lives free from the love of money and be content with what you have, because God has said, "Never will I leave you; never will I forsake you."

Habakkuk 3:17-18 | NCV

17 Fig trees may not grow figs,
and there may be no grapes on the vines.
There may be no olives growing
and no food growing in the fields.
There may be no sheep in the pens
and no cattle in the barns.

18 But I will still be glad in the Lord;
I will rejoice in God my Savior.

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2. Declare that you have more than what you deserve.
3. Thank God for everything including the small things.
4. See blessings other than money.
5. Stop comparing yourself to others.

Galatians 6:4 | Living Bible

“Let everyone be sure to do his very best, for then he will have the personal satisfaction of work done well and won't need to compare himself with someone else”

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