

# CHAMPION LIFE CENTRE CALGARY IN-PERSON GUIDELINES

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## BACKGROUND

Champion Life Centre is committed to ensuring preventive safety measures adhering to Alberta Health Guidelines are in place to reduce the spread of COVID-19. With your health and safety in mind, we have set the following guidelines so that we can worship the Lord together free from any worry or fear.

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## WHAT TO EXPECT?

### REGISTRATION

Anyone who will be attending the In-Person Worship Celebration should complete the following:

1. Online Registration to RSVP
  - (<https://www.eventbrite.ca/e/in-person-worship-celebration-tickets-111896744174>)
  - This will ensure we are within the allowed capacity of the building with physical distancing
2. Covid-19 Self Assessment Form
  - <https://www.clccalgary.com/covid-19-self-assessment/>
  - The Self Assessment Form is obligatory and to be completed every time someone will be attending the weekly in-person worship celebration. This online form will only be accessible for attendees every Sunday starting from 8:00 AM until 10:00 AM. Anyone who won't be able to access the online form should come to the center at least **20 minutes earlier**. The start of the celebration is at 10:30 AM, coming in earlier will give you enough time to be assessed personally by the GIC Volunteers.
3. Assumption of Risk & Waiver of Liability
  - All attendees should carefully read through this and sign it. This form will just be completed and signed one time and copies of it will be filed and stored accordingly. A copy of the waiver is attached for your file. A link will be emailed back to you upon registration.

### WELLNESS CHECK AND RESTRICTIONS

If your answer is "**YES**" to any of the following 4 questions, we kindly ask you to **STAY HOME** and just Join us thru our Online Worship Celebration. This is in accordance with CMOH-Order 05-2020 which establishes legal requirements for quarantine and isolation.

1. Do you have any of the following symptoms? (Fever, New or Existing Cough, Difficulty Breathing, Sore Throat, Loss of Smell and Taste)
2. Have you travelled internationally within the last 14 days?
3. Have you had close contact with a confirmed or probable COVID-19 case?
4. Have you had close contact with a person with acute respiratory illness who has been outside of Canada in the last 14 days?

## **WEAR A MASK**

Love your neighbor by protecting them. Please always bring and wear a face mask or cloth face-covering upon entering and keeping it on while inside the center. We will have a few masks at the door if you do not have one. Upon exiting the building, please dispose of your face masks properly.

## **ENTERING & EXITING**

- When you arrive at the Centre, Line-up towards the “CHECK-IN Station” and practice physical distancing (2 meters apart). There will be 2 lines upon entering. One line for those people who completed the online forms before coming to the Center. Another line solely for those people who weren’t able to do the online forms and must be assessed personally by the GIC Volunteer. A household counts as one unit in the line-up.
- Go to Hand Sanitizing station. Please generously sanitize as often as you can. Hand Sanitizers are available throughout our church facility.
- From this point, all access is one-way. The Usher will control the flow. You will be asked to check-in, complete the screening process for contact tracing.
- Follow the ushers who will direct you to proper seating. Seats have been arranged to adhere to physical distancing. Do not congregate in the lobby. Do not touch the door handles as the sanctuary doors will be opened.
- Life Café, Kitchen, and Ministry rooms are temporarily closed.
- At the end of the Celebration, wait for the Pastor's instructions on how to exit the sanctuary while still practicing physical distancing measures.

## **PRAISE AND WORSHIP**

Pre-recorded performances of the worship team will still be shown both in the in-person and online service. With face mask **on at all times**, all attendees can sing along with the pre-recorded performance.

## **TITHES AND OFFERING, SERMON HANDOUTS, ALTAR CALL**

Everyone is encouraged to continue using our online app and e-transfer. The Debit/Credit machine is available to use, just please sanitize it as you go. Sanitizing materials will be available nearby. There will be no sermon hand-outs and altar calls. Sermon handouts can be downloaded through Facebook.

## **SUNDAY SCHOOL**

Champion Kidz onsite services will temporarily not be available until such time that we deem it's safe to do so. Therefore the nursery room and children's rooms will be closed. Parents, please keep your children with you at all times. CKidz online sessions will continue every Monday.

## **WASHROOMS**

- A maximum of 2 people is allowed in each washroom at a time.
- Please sanitize as you go. Sanitizing materials will be available nearby.
- Children below 10 yrs. old must be accompanied by a parent.

## **PROPER HYGIENE, KEEP YOUR DISTANCE & NO PHYSICAL CONTACT**

Let's fight this COVID-19 together. Practice good hygiene:

- Avoid touching your face, cough or sneeze into a bent elbow, and wash your hands frequently with soap and water.
- Use alcohol-based sanitizer as often as you can.
- Hand Sanitizers will be available throughout the center.
- Maintain 2 meters of physical distancing from anyone unless members of the same household or cohort family.
- Please no handshaking, hugging, or any form of touching (alternatives such as smiling, waving, nodding, or bowing are encouraged), and no sharing of any items.